



Contact

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Address

Queen Street, Tramore, Co
Waterford

Education

Currently Studying

Masters in Climate Change: Policy,
Media and Society - Part-Time.

University: DCU

Skills

Confident in Public Speaking
Confident Media performer
Experienced in chairing meetings
Effective consensus building
Proficient in Kapwing, Canva,
Mailchimp and Capcut
Effective Stakeholder engagement
Experienced Press Release writing
Extensive Non-Profit board
experience

Language

English

Interests

Sea Swimming
Cinema
Travel
Attending concerts
Reading
Spending time with family

References

References available on request

Cristíona Kiely

I am a self-motivated, responsible, reliable, professional and enthusiastic person. I am a hard worker and a team player who shows leadership at all times. I work well under pressure, I use initiative and I respond well to changing and challenging situations. I am able to adapt easily to change and I always relish new challenges and experiences. I enjoy meeting and building professional and personal relationships with new people from all walks of life.

Work Experience

2020-2025 Political Assistant - Dáil Éireann

From February 2020 to January 2025, I worked as a Political Assistant to Marc Ó Cathasaigh, a TD in Dáil Éireann and Assistant Government Whip. This role was broad and varied and included work on campaigns, implementing policy, events, parliamentary questions, graphics, social media, communications, strategy, stakeholder engagement and generally supporting the work of the TD within the constituency and Leinster House.

2023-2025 Chair of the National Executive (outgoing) - Green Party

Since October 2023, I have been the Chair of the National Executive of The Green Party. This term will end shortly. In this voluntary role as part of the leadership team of the party, my responsibilities included chairing the Executive through political and strategic decisions around the medium to long-term direction of the party, working with people at all levels of the party and attending Parliamentary Party meetings.

2022-2024 Councillor, Deputy Mayor and Chair of Women's Caucus - Waterford City & County Council

I served on Waterford City & County Council for two and a half years - with one year as Deputy Metropolitan Mayor of Waterford. During this time, I progressed projects in the areas of Active Travel, road safety, equality, disability, planning, problem gambling and community. I was also Chair of the Women's Caucus on the Council and a regular contributor to local radio.

2016-2020 General Manager - Kiely's Dunhill

In this role, I was general manager of Kiely's Dunhill, a food manufacturing business producing fresh savoury sauces and condiments. The role included management of staff, new product development, sales, food production and customer service.

2014-2016 Website Manager - Ardkeen Quality Food Store

In this role, I managed the establishment and development of the online store of Ardkeen Quality Food Store, an artisan food store in Waterford. This included liaising with artisan food producers, web developers and other stakeholders.

2010-2014 Project Manager - GIY (Grow it Yourself)

I worked in a number of roles during this time with GIY, a social enterprise based in Waterford. I started as Connaught Champion for the organisation and moved to Project Manager for the GROW HQ project - a garden, cafe and education centre in Waterford. I was also the editor and project manager of Grow Cook Eat, the GIY Cookbook.

2005-2008 Self Employed and co-founder of IrishBusinessWomen.com

During this time, I was self-employed, running a small, part-time online business from home while my children were young. The business (Blackberry Village) sold personalised and unique gifts for babies and children. I was also a co-founder of IrishBusinessWomen.com - an online support community for women in business.

1998-2003 Co-Founder and Proprietor - Bia The Real Food Company

I was co-founder of Bia, The Real Food Company, a Waterford based food business which grew to include a bakery, an industrial kitchen, a cafe and a team of 35 people producing and selling sandwiches, soups and desserts wholesale and retail throughout the city and county.

1991-1998 Environmental Activist - Greenpeace International

I worked with Greenpeace from 1991-1998 in a number of roles. I started out as a receptionist in Greenpeace Ireland, moving on to campaign researcher and activist in the Irish office. I then started working on the Greenpeace ships as a crew member and activist. I worked on the Greenpeace ships for 4 of these years was involved in many campaigns internationally across a range of environmental topics.